

How Hummingbirds Filled My 'Empty Nest': *Preparation for True Success Begins Today!* Como los colibríes (*chuparosas*) llenaron mi 'nido vacío'

**Every loving parent's intention is to grow children who are fulfilled and successful.
This collection of workshops inspire parents to achieve this goal with vision and insight.**

These workshops were created by a mother who made the decision to stay at home when her youngest was born. Later, as a volunteer at her daughter's school, she was inspired to help Hispanic parents help their own children, who were at increased risk for dropping out, to succeed. In the process of pursuing this calling while raising her daughters, she evolved into a professional speaker. Today, with her youngest now off to college, she delivers lessons renewed with fresh insight, wisdom & wit from her 'empty nest' experience.

Topics Include:

- How Hummingbirds Filled My 'Empty Nest': Preparation For Success Begins Today!
- "Worldly" vs. "True" Success: It Is Significant to Raising Our Children
- Raising the "Whole" Child
- Imagining One's Future is Not Fantasy—It's a Critical Necessity for True Success!
- The Truth About Creativity: Beyond Arts & Crafts:
- A Strong Foundation: Your Family Mission Statement
- Wise Parents are Ever Mindful of Their Words
- Laughter Is Good Medicine, But Sometimes So is Crying
- Mesmerize Your Children: Simple Ways to Overcome the "I Don't Like to Read" Syndrome
- Life is Like A Puzzle: Piecing It Together in a New Way
- Bumps, Detours, and Obstacles: How to Handle Life Challenges Gracefully
- The Library: A Great Wonder of the World!
- Understanding Our Greater Potential for True Success
- Exponential Growth: Discover the Power of Journaling
- Attitude: "Big Surprise: Even My Blood Type's Negative!"
- Think About This: We're So Connected, We're Disconnected

Lessons are 1 to 1.5 - 2 hours in Length

They are highly enjoyable and presented eloquently in English and/or Spanish.



About the Presenter: Lucy V. Cantú sees herself as a "Mom turned Transformational Speaker & Coach" She credits the learning gained through a series of motherhood, education, career and life experiences, including poverty as a child, for landing her in the field of personal development. Years ago she pursued a "calling" that put her on a path of deep growth and expansion. Her experiences led her to discover a talent for helping people break through limitations and reach their greater potential. Today, she brings a fresh, new voice to ancient wisdom, inspiring audiences while passionately delivering life-enhancing and life-changing lessons in a style that's down-to-earth and laced with laughter and grace.

For more info: www.lucyvcantu.com or **Contact Lucy.**

"Her training is deep yet practical. Her enthusiasm for people is infectious. I trust Lucy to bring her 'A-Game' every time she provides training." Skip Forsyth, Education Specialist, Region 16 Education Service Center