



Lucy V. Cantú, Soul Wake-Up Coach, Speaker, Workshop Presenter

Cultivating Our Creative Capacities for Success & Wellbeing 1-Hour Parent Workshop

Description: These uncertain times call parents to leverage their innate ability to lovingly lead their children and guide them to realize their greater potential for success and well-being, in spite of circumstances they may face. During this fun workshop, participants are inspired with practical strategies sure to increase emotional intelligence, unleash resourcefulness, and establish resilient foundations for their children at home, in the workplace, and beyond.

Spanish Description: *Estos tiempos inciertos llaman a los padres a aprovechar su capacidad innata de liderar y guiar a sus hijos a realizar su mayor potencial para lograr éxito y bienestar, a pesar de las circunstancias con cual se enfrenten. Durante este taller divertido, los participantes se inspirarán con estrategias prácticas que aumentarán la inteligencia emocional, la confianza en tomar iniciativas y a establecer fundamentos de resiliencia para sus hijos en el hogar, en el trabajo y más allá.*

Objectives:

- To understand the significance and role of a parent as leader in the home or in a workplace
- To learn four key creative capacities of leaders & simple strategies to put into practice as “parent leaders”
- To facilitate both interactive and introspective activities to increase emotional intelligence and confidence in participant’s ability to positively lead their families to success and wellbeing

Delivery: English and/or Spanish

Materials Needed: Projector for Power Point presentation, screen

Spring 2020 Promotional Fee: Book a 1-Hour parent workshop between now and January 10 for \$250 (\$50 off regular hourly fee of \$300). *Workshop must be held between January 15 - May 15 by January 15, 2020.*

Note: *Requests located outside the Dallas/Ft. Worth area will be considered at Half-Day rate, plus travel. Please contact Lucy for details.*

Speaker Bio: Lucy V. Cantú is a Mom turned Speaker & Coach. In 2001, while teaching immigrant parents English, she was inspired to integrate her past professional experience, as a Bilingual Health Educator (City of Dallas) and Community Liaison (Dallas ISD), and establish a bilingual training company. The goal: to empower “at-risk” families and educators to better help children rise above limitations and succeed. Her mission since then: to awaken, inspire, and teach others to tap their creative potential to achieve success and wellbeing.
(For more info visit: www.lucyvcantu.com/aboutlucy)

Contact Info: 972/841-4042 or lucy@lucyvcantu.com