

*Inspiring hope, wonder, and courageous leadership!*



## How Hummingbirds Filled My 'Empty Nest'

**Listen to a mother's journey of awakening, overcoming challenges, and personal empowerment .**

**Her story will motivate you to:**

- ~ listen to and follow the wisdom of your heart
- ~ embrace the mystical, magical, mysterious and miraculous in life
- ~ create and lead the best life possible for you & your family!

*To book Lucy for a speaking engagement, visit:*  
*[www.lucyvcantu.com](http://www.lucyvcantu.com)*

**The Presenter:** *Lucy V. Cantú is a Mom who became a Speaker, Training Consultant & Coach as she followed a call to help "at-risk" families succeed. For over 15 years, she has presented at regional, state and national conferences and worked with school districts and organizations throughout the country. Her gift is inspiring audiences with personal "from the heart" stories and engaging them with life-enriching and life-changing lessons. She speaks and facilitates sessions in a style that's impactful, down-to-earth and laced with laughter and grace. More info at [www.lucyvcantu.com](http://www.lucyvcantu.com).*



**"Lucy is passionate about helping families. Her training is deep yet practical. Her enthusiasm for people is infectious. I trust Lucy to bring her 'A-Game' every time she provides training."**

***Skip Forsyth, Education Specialist, Region 16 Education Service Center***